

## DIY RECYCLED TIN CAN STILTS

Today, we have an exciting and eco-friendly project that will have you ones walking tall: DIY recycled tin can stilts. This fun and simple craft encourages balance, coordination, and a whole lot of giggles. Before we get started, be sure to ask mom and dad for help with this one!

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### MATERIALS NEEDED

- **2 large, empty tin cans** (cleaned and labels removed)
  - **Strong string or rope**
  - **A can opener**
  - **A hammer and nail**
  - **Scissors**
  - **Tape** (optional, for decoration)
  - **Colored paper, paint or markers** (optional, for decoration)
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### INSTRUCTIONS

#### 1. PREPARE THE TIN CANS

**A. Clean the Cans:** Make sure your tin cans are thoroughly cleaned and dried. Remove any labels.

**B. Smooth the Edges:** Use a can opener to ensure the edges of the cans are smooth and safe for little hands. If needed, tape around the edges for extra protection.



## 2. MAKE HOLES FOR THE STRINGS

**A. Mark the holes:** On the open end of each can, mark two opposite points about an inch below the rim. This is where you will make holes for the strings.

**B. Punch the holes:** Use a hammer and nail to carefully punch a hole at each marked point. Make sure the holes are directly across from each other.



## 3. ATTACH THE STRINGS

**A. Cut the Strings:** Cut two pieces of string or rope, each about 4 feet long. Adjust the length based on your child's height; the goal is to have the strings long enough to be held comfortably while standing on the cans.

**B. Thread the Strings:** Thread one end of each string through a hole in one can and tie a secure knot inside the can. Repeat for the other hole with the other end of the string.

**C. Repeat for the Second Can:** Do the same for the second can, ensuring the string length is the same on both cans for balance.



## 4. DECORATE YOUR STILTS ( OPTIONAL)

**A. Decorate the Cans:** Let your child paint or decorate the cans with colored paper to make them unique and colorful.

**B. Add Flair:** Get creative! Add patterns or extra flair to the stilts.



## 5. WALK TALL ON YOUR STILTS

**A. Stand on the Cans:** Have your child place one foot on each can, holding the strings tightly.

**B. Practice Walking:** Encourage your child to take small steps, lifting one foot at a time while pulling up on the strings for balance. It might take a little practice, but soon they'll be walking like a circus pro!

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### SAFETY TIPS

- Always supervise young children while they are using the stilts.

- Make sure the area where your child practices is clear of obstacles and has a soft surface like grass or carpet to cushion any falls.

- Encourage your child to wear shoes for added grip and stability.

### ADDITIONAL FUN

#### Obstacle Course

Create a simple obstacle course to navigate on your stilts.

#### Stilt Parade

Organize a mini stilt parade with friends or family members who also make their own stilts.

#### Circus Performance

Incorporate the stilts into a backyard circus performance, complete with costumes and other circus acts.